Linton Mead School

Linton Mead Primary
Central Way, Thamesmead, SE28 8DT
Telephone: 0208 310 1902
Head teacher: Miss Sarah Critchell
Deputy Head teacher: Miss Anne-Marie Senner

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CHECKLIST for PGL – Grosvenor Hall

Clothing

- Waterproof jacket (waterproof over trousers are also recommended)
- At least 4 t-shirts at least 2 with long sleeves
- At least 2 jumpers / sweatshirts
- At least 3 pairs of trousers/leggings for walking (tracksuit bottoms or walking trousers, **NOT** denims)
- 2 changes of clothes for the evenings (including underwear and socks)
- Wellington boots - optional
- At least 2 pairs of outdoor walking shoes/boots/trainers that can be fastened (not slip ons), are robust and can get dirty
- Clean shoes for the evenings
- At least 5 pairs of socks
- Underwear
- Sun hat (weather depending)
- Sunscreen (weather depending)
- Fleece/hoodie or warm coat (weather depending)
- Old gloves
- Old trainers or soft shoes, (not croc`s or wellies)

Toiletries (in a named bag)

- Toothbrush
- Toothpaste
- Hairbrush/comb
- Soap / Shower gel
- Deodorant (roll-on only)
- Flannel / Sponge
- Two bath towels
- Slippers or sliders to wear before and/or after showering and around the accommodation

Other Items

- Bag / black sack for dirty/wet clothing
- Spending money in a secured, labelled purse / wallet (**no more than £10, in coins**). They will keep their money in their own luggage.
- Hairbands (to tie back long hair)
- Anything children might want to use on the coach journey and for any down time, for example, book, paper, pencils, card games. No IT equipment please – NO ELECTRONICS (Phones, game consoles etc)

• Day bag / Small rucksack (for lunches, water bottles etc)
• Plastic re-usable water bottle (to be refilled daily at the centre)
• Disposable camera (optional)
• Torch
• Slippers (not essential)
• Medication (excluding asthma pumps) if necessary – please note that this needs to be handed to the first aider on the morning we leave and should be identified on the medical form previously completed (this includes travel tablets). If medication has changed please see the school office by.
• Asthma pumps must be IN DATE and kept with your child, in their rucksack (not their suitcase). They must keep their pump with them at ALL TIMES. **Please check these are in date.**

• **Your child will need a sleeping bag and a pillow (with a pillow case).**

Please note a single fitted bed sheet will be provided by the centre.